Prepare the tooth according to the preparation guidelines.

Take the traditional or digital impression and send the case to your dental lab.

Try in the restoration. Check the occlusion and adjust the contacts, if needed.

Smooth the restoration with a disc. For final shine apply polishing compound with bristle brush.

DO NOT FIRE. With a Resin Nano Ceramic, esthetics are created with the polishing step.

Sandblasting with aluminum oxide ≤50 μm is recommended. Clean with alcohol and dry with air.

If required by the selected adhesive or self-adhesive resin cement, apply silane primer (e.g. 3M ESPE™ RelyX™ Ceramic Primer) to the bonding surface of the restoration. Dry for 5 seconds.

Use an adhesive or self-adhesive resin cement in accordance with the Instructions for Use.

Final Straumann® CARES® Restoration made of 3M™ ESPE™ Lava™ Ultimate Restorative.
It’s easy to add on with Light-Cured Restoratives

Lava™ Ultimate Restorative is a resin nano ceramic that enables reliable characterization and re-sealing.

1. Roughen the Lava™ Ultimate restoration site.
2. Apply silane and bonding according to the Instructions for Use.
3. Light cure bonding agent according to the Instructions for Use.
4. Apply Filtek™ Supreme Ultra Universal Restorative (or other methacrylate-based, light-cured restorative).
5. Light cure restorative material according to the Instructions for Use.
6. Polish the added restorative with a disc. For final polish apply polishing compound with bristle brush.

Shade Selection

Low Translucency (LT)

- A1-LT
- A2-LT
- A3-LT
- A3.5-LT
- B1-LT
- C2-LT
- D2-LT
- Bleach

High Translucency (HT)

- A1-HT
- A2-HT
- A3-HT
- B1-HT

Preparation

Lava™ Ultimate restorations follow the same guidelines as all-ceramic restorations. Do not undercut. All internal edges and line angles should be rounded. Non-beveled shoulder finish lines are recommended.

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