

# Maintenance for the edentulous Straumann® Pro Arch Patient

## IMPLANT MAINTENANCE – RECOMMENDATIONS FOR THE STRAUMANN® PRO ARCH PATIENT<sup>1</sup>

### Implant Maintenance Protocol

1. Place OptraGate® (Ivoclar Vivadent) for visibility
2. Lavage to remove biofilm with magnetostrictive or piezoelectric implant insert at the lowest possible setting or lavage setting. Use short, controlled light flow to flush any plaque or biofilm present being careful not touching the implant or prosthesis. Also could use subgingival air polisher with glycine powder.
3. Assess the area for calculus. If calculus is present, select a longer, multi-bent titanium scaler (e.g. Wingrove Ti L3-4). Use short horizontal strokes to remove the calculus from implants and prosthesis.
4. Repeat lavage to the peri-implant area with an ultrasonic to remove any excess oral debris: plaque, biofilm or dislodged calculus.
5. Polish the restoration with non-abrasive prophy paste (e.g. Silica) to remove stain or smooth prosthesis after debridement.

**Schedule in-office peri-implant maintenance at least every 6 months.**



1  
OptraGate® retractor fold and insert between the lips and vestibule. Courtesy of Ivoclar Vivadent.



2  
Lavage-Before debridement. Courtesy of Dr. Alfonso Pineyro.



3a  
Assess the area for calculus. Courtesy of Dr. Alfonso Pineyro.



3b  
Debridement Wingrove L3-4 PDT, Inc. Courtesy of Dr. Alfonso Pineyro.



4  
Lavage-After debridement. Courtesy of Dr. Alfonso Pineyro.



5  
Polish the restoration with non-abrasive paste (e.g. Silica) Image Courtesy of Directa.

# Home-care for the edentulous Straumann® Pro Arch Patient

## POST-SURGICAL RECOMMENDATIONS FOR THE STRAUMANN® PRO ARCH PATIENT<sup>1</sup>

### Post-surgical Home Care Recommendations

- Use ice or cool packs externally as soon as possible to prevent swelling.
- Drink only clear liquids; a soft diet is recommended for the first few days.
- Take all prescribed antibiotics to prevent infection
- Take pain medicine as prescribed
- Use an extra-soft toothbrush twice daily, avoiding the surgical incision area, and no power toothbrush use.
- After first few hours, use saltwater rinses, or non-alcohol antimicrobial mouth rinse if recommended, twice daily.

## HOME CARE – RECOMMENDATIONS FOR THE STRAUMANN® PRO ARCH PATIENT<sup>1</sup>

### Home Care Protocol Recommendations

- Brush twice daily with low-abrasive dentifrice, soft brush, or power toothbrush that adapts to the prosthesis.
- Floss twice daily with threaded specialty implant floss or use water irrigator. Water irrigation with water or an antimicrobial rinse
- Use non-alcohol antimicrobial mouth rinse twice daily



Brush twice daily. Oral-B® power interproximal brush shown. Image courtesy of Dr. J Massad.



Floss twice daily or use a water irrigator twice daily. Pik Pocket™ Tip courtesy of Water Pik, Inc.



Non-alcohol antimicrobial mouth rinse twice daily. Image courtesy of CloSYS.